

Creating Opportunities for Everyday Physical Activity through Safe Routes to School

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Key Points

- Active transportation
- Why its important
- Opportunities for the Region

Active transportation has many benefits

- Makes physical activity an everyday habit
- More daily physical activity
- Healthier lifelong weight and better health outcomes
- Fewer behavior problems
- Arrive to school ready to learn and have improved academic performance
- Less traffic congestion
- Improved traffic safety

SRTS has two goals

- Where it's safe, get kids walking and biking
- Where its not safe, make it safe

What can SRTS do?

- Roadway improvements
 - Sidewalks, crosswalks, signals, bike lanes, paths
 - Traffic calming
- Ped/bike safety education
- Encouragement and incentive programs
- Increased enforcement
- School Task Forces
- Community engagement
- School/School District/Local policy change

Success starts small

- Small community grants
- Education and encouragement
- SRTS Task Forces
- Mobility audits
- SRTS Plans
- Engineer meet-and-greet
- Existing planning efforts (MPO/RTPA)
- Build community capacity

Build capacity now for larger funding opportunities

- Funding allocated proportionately by student population
 - \$1 M each for Districts 1 & 2, more for D3
- Federal SRTS funding
 - \$23 million to CA annually for I and NI
 - Next call: 2013
- State SR2S funding
 - \$23 million annually
 - I only, but NI can be included
 - 10% local match
 - Next call: December 2011

AB 516

- Specified public participation process
- Consideration of benefit to low-income schools
- No change to District allocations
- Changes incorporated into next Caltrans state funding call
- May help prioritize needs of low-income schools

Opportunities for the Far North Region

- On-site **and** phone technical assistance
- No-cost SRTS Workshops for low-income schools
- No-cost tailored trainings
- SRTS Resource Toolkit for Rural/Small Towns
- Monthly regional networking calls

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www.CAsaferoutestoschool.org

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